

TRENDS IN PEDIATRIC NURSING

Child health nursing is undergoing tremendous advancement just like pediatric medicine and surgery. The current trends in the practice are based on researches that have taken place in the field of pediatric nursing.

Trends are as following:

1. Family centered care
2. High technology care
3. Evidence based practice
4. Atraumatic care
5. Cost containment.
6. Prevention & health promotion

→ 1. Family Centered Care

It is based on philosophy that quality care can be provided in an environment that support family integrity and promote psychological & physiological health of the family. Family Centered Care provide a holistic approach than simply providing medical and nursing care. Parents know best about their child's need more, aware of their child's behaviour & habits.

The 2 basic concepts of family centered care are:

- Enabling
- Empowering

Enabling: All the family member are helped by the professional to create opportunities and mean to utilize their present ability competence and acquire new skills that are necessary to provide care to their ill children.

Empowering: Empowering help to foster the strength of family member to cope up and withstand stress related to sickness of their children.

→ 2. High technology care

Advancement in medical field has created the care of children too technologically versatile. The nurse also needs to be technologically competent enough to meet the nursing care needs of the children. The advancement in diagnostic technology has made detection of many disorders even in the fetal period.

→ 3. Evidence Based Practice

In evidence based practice nurses need to make decisions on the best available evidence based practice in nursing provides a systematic approach to enable nurse to effectively use clinical practice guidelines (CPOs) & patient centered multidisciplinary, multidimensional plans of care will help nursing team move toward evidence based practice & improve the process of care delivered. The nurse needs to be vigilant in practicing Evidence based practice in nursing children.

→ 4. Atraumatic Care

It is the provision of therapeutic care is setting by personnel and with intervention eliminates or minimizes the psychological and physical distress experienced by child and their families in health care system.

→ 5. Cost Containment

Cost Containment is a management technique utilized to reduce the cost of hospitalization. It is reduced in many

ways in hospitals either by cutting nursing positions or by improving process of care and tightening non-labour resources.

→ 6. Prevention and Health Promotion

The pediatric nurse applied health promotion and health maintenance in all setting in which children are served. The nurse possesses a comprehensive background on all aspects of children and an understanding of child growth and development. The family's role in the children's health is critical child health depends upon preventive care. Majority of the child ~~are~~ health problems are preventable. Modern concept of child health emphasize on continuous care of whole child.