

### **TIME – TABLE FOR GNM -1<sup>ST</sup> YEAR (BATCH- 2023)**

| PERIOD →  | 1 <sup>ST</sup>                                             | 2 <sup>ND</sup>                                         | 3 <sup>RD</sup>                                      | 4 <sup>TH</sup>      | 5 <sup>TH</sup>                                                                                                                                                            | 6 <sup>TH</sup>                                                        |
|-----------|-------------------------------------------------------------|---------------------------------------------------------|------------------------------------------------------|----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|
| TIMING →  | 10:00 am To 10: 50 am                                       | 10:50 am To 11: 40 am                                   | 11:40 am To 12:30 pm                                 | 12:30 pm To 01:20 pm | 01:20 pm To 02:30 pm                                                                                                                                                       | 02:30 pm – 03 :20 pm                                                   |
| Theory    | Anatomy and Physiology<br>Mr Irshad Ahmad Bhat<br>L Hall-01 | Psychology and Sociology<br>Ms Mehak Nabi<br>L Hall -01 | NURSING FOUNDATIONS<br>Ms Uroosa Qayoom<br>L Hall-01 | Break                | Microbiology<br>Mr Hilal Yousuf (1 <sup>st</sup> & 3 <sup>rd</sup> Week )<br>Nutrition/First Aid<br>Ms Manjeet Kour (2 <sup>nd</sup> & 4 <sup>th</sup> Week )<br>L Hall-01 | Community Health Nursing -I <sup>st</sup><br>Ms Bisma Jan<br>L Hall-01 |
| Practical | Wednesday                                                   | .....                                                   | Thursday                                             | .....                | Saturday                                                                                                                                                                   | Tuesday                                                                |

#### **Instructions :**

- Attend the classes strictly as per the time table in respect of the period and timings .No change or inter change in the time table is allowed or accepted . Any such change should be treated as violation against the rules and regulations of the college.
- The students should report in the college campus always 20 minutes earlier before the commencement of first period . No body shall be allowed after the commencement of class work.
- Attend the college campus always in proper prescribed uniform.
- Maintain the note-books of your concerned classes /subjects properly and get signed by the I/C Tutor . Avail the full duration of the classes properly inside the classes and make the teaching – learning process active and interested.
- Do not leave the class until announced by the digitalized Public Address system. No half day is allowed.
- The appearance of every student in the class tests / fortnight tests /internal assessments is mandatory. The use of cell phones in the college campus is strictly prohibited as such no student is allowed to bring the cell phone along with him/her.
- The college does not run any social media group and as such all the students /staff are directed to refrain themselves from any such activity. No student/staff is allowed to form the social media group like on what's up ,instagram ,face-book ,twitter etc . We have a well defined system of communication and all communications are communicated to the concerned persons through this system.
- The medium of Language is English & Urdu as prescribed here. As such speaking in English & Urdu is allowed.
- The whole college campus is smoking /tobacco free zone as such no body is allowed to smoke inside the college campus or keep any such type of material along with him/her.

Sd/

Rather Gulzar Ahmad  
(Chairman & Director )