

### **TIME – TABLE FOR GNM -1<sup>ST</sup> YEAR (BATCH- 2023)**

PERIOD →	1 <sup>ST</sup>	2 <sup>ND</sup>	3 <sup>RD</sup>	4 <sup>TH</sup>	5 <sup>TH</sup>	6 <sup>TH</sup>
TIMING →	10:00 am To 10:50 am	10:50 am To 11:40 am	11:40 am To 12:30 pm	12:30 pm To 01:20 pm	01:20 pm To 02:10 pm	02:10 pm – 03:00 pm
Theory	Anatomy and Physiology <b>Mr Irshad Ahmad Bhat</b> L Hall-01	Psychology and Sociology <b>Ms Mehak Nabi</b> L Hall -01	NURSING FOUNDATIONS <b>Ms Uroosa Qayoom</b> L Hall-01	Break	Microbiology <b>Mr Hilal Yousuf (1<sup>st</sup> &amp; 3<sup>rd</sup> Week )</b> Nutrition/First Aid <b>Ms Manjeet Kour (2<sup>nd</sup> &amp; 4<sup>th</sup> Week )</b> L Hall-01	Community Health Nursing -I <sup>st</sup> <b>Ms Bisma Jan</b> L Hall-01
Practical	Wednesday	.....	Thursday	.....	Saturday	Tuesday

#### **Instructions :**

- Attend the classes strictly as per the time table in respect of the period and timings .No change or inter change in the time table is allowed or accepted . Any such change should be treated as violation against the rules and regulations of the college.
- The students should report in the college campus always 20 minutes earlier before the commencement of first period . No body shall be allowed after the commencement of class work.
- Attend the college campus always in proper prescribed uniform.
- Maintain the note-books of your concerned classes /subjects properly and get signed by the I/C Tutor . Avail the full duration of the classes properly inside the classes and make the teaching – learning process active and interested.
- Do not leave the class until announced by the digitalized Public Address system. No half day is allowed.
- The appearance of every student in the class tests / fortnight tests /internal assessments is mandatory. The use of cell phones in the college campus is strictly prohibited as such no student is allowed to bring the cell phone along with him/her.
- The college does not run any social media group and as such all the students /staff are directed to refrain themselves from any such activity. No student/staff is allowed to form the social media group like on what's up ,instagram ,face-book ,twitter etc . We have a well defined system of communication and all communications are communicated to the concerned persons through this system.
- The medium of Language is English & Urdu as prescribed here. As such speaking in English & Urdu is allowed.
- The whole college campus is smoking /tobacco free zone as such no body is allowed to smoke inside the college campus or keep any such type of material along with him/her.

Sd/

**Rather Gulzar Ahmad**  
**(Chairman & Director )**