

**TIME – TABLE FOR FMPHW/MMPHW-1<sup>st</sup> Year : SESSION 2023**

| PERIOD →  | 1 <sup>ST</sup>  | 2 <sup>ND</sup>  | 3 <sup>RD</sup>   | 4 <sup>TH</sup>      | 5 <sup>TH</sup>   |
|-----------|--|--|---|----------------------|---|
| TIMING →  | 09:20 am To 10: 20 am  | 10:20 am To 11: 20 am  | 11:20 am To 12:20 pm  | 12:20 pm To 01:20 pm | 01:20 pm To 02:20 pm  |
| Theory    | Anatomy and Physiology<br><b>Ms Khushnuma Ali</b><br>L Hall-01 | Nutrition /First aid<br>/Pharmacology<br><b>Ms Manjeet Kour</b><br>L Hall-01 | Community Health Nursing -1 <sup>st</sup><br><b>Ms Bisma Jan</b><br>L Hall-01 | LUNCH                | Nursing Foundations<br><b>Ms Uroosa Qayoom</b><br>L Hall-01 |
| Practical | Wednesday  | 2 <sup>nd</sup> & 4 <sup>th</sup> Saturday                                   | 1 <sup>st</sup> & 3 <sup>rd</sup> Saturday                                    | Lunch                | Thursday  |

Instructions :

1. Attend the classes strictly as per the time table in respect of the period and timings .No change or inter change in the time table is allowed or accepted . Any such change should be treated as violation against the rules and regulations of the college.
2. The students should report in the college campus always 20 minutes earlier before the commencement of first period . No body shall be allowed after the commencement of class work.
3. Attend the college campus always in proper prescribed uniform.
4. Maintain the note-books of your concerned classes /subjects properly and get signed by the I/C Tutor . Avail the full duration of the classes properly inside the classes and make the teaching – learning process active and interested.
5. Do not leave the class until announced by the digitalized Public Address system. No half day is allowed.
6. The appearance of every student in the class tests / fortnight tests /internal assessments is mandatory. The use of cell phones in the college campus is strictly prohibited as such no student is allowed to bring the cell phone along with him/her.
7. The college does not run any social media group and as such all the students /staff are directed to refrain themselves from any such activity. No student/staff is allowed to form the social media group like on what's up , instagram ,face-book ,twitter etc . We have a well defined system of communication and all communications are communicated to the concerned persons through this system.
8. The medium of Language is English & Urdu as prescribed here. As such speaking in English & Urdu is allowed.
9. The whole college campus is smoking /tobacco free zone as such no body is allowed to smoke inside the college campus or keep any such type of material along with him/her.

Sd/  
Rather Gulzar Ahmad  
Chairman & Managing Director ( CMD )