

**FRESH UPDATED TIME TABLE –SESSION : 2022**

Course & Batch	PERIOD - 0	Period 1 <sup>st</sup>	Period 2 <sup>nd</sup>	Period 3 <sup>rd</sup>	Period 4 <sup>th</sup>	Period 5 <sup>th</sup>	REPORTING TIME	OFF Time
Timing →	09:30 – 10:20 AM	10:20 am to 11: 10 am	11:10 am to 12: 00 NOON	12:00 NOON to 12:50 pm	12:50 pm to 01:40 pm	01:40 pm to 02:30 pm		
FMPHW-1 <sup>st</sup> Year		Community Health nursing <b>Ms Bisma Jan</b> L Hall - 01	Anatomy & Physiology <b>Ms Khushnuma Ali</b> L Hall - 01	NURSING ART & FOUNDATION <b>Mr Tanveer Shameem</b> L Hall - 01	BREAK	Nutrition <b>Ms Mehak Nabi</b> L Hall - 01	10:00 AM Sharp	02:30 PM
MMPHW-1 <sup>st</sup> Year		Community Health nursing <b>Ms Bisma Jan</b> L Hall - 01	Anatomy & Physiology <b>Ms Khushnuma Ali</b> L Hall - 01	NURSING ART & FOUNDATION <b>Mr Tanveer Shameem</b> L Hall - 01	BREAK	Nutrition <b>Ms Mehak Nabi</b> L Hall - 01	10:00 AM Sharp	02:30 PM
GNM-1 <sup>st</sup> Year		Community Health nursing <b>Ms Bisma Jan</b> L Hall - 01	Anatomy & Physiology <b>Ms Khushnuma Ali</b> L Hall - 01	NURSING ART & FOUNDATION <b>Mr Tanveer Shameem</b> L Hall - 01	Psychology and Sociology <b>Ms Uroosa Qayoom</b> L Hall - 01	Nutrition <b>Ms Mehak Nabi</b> L Hall - 01	10:00 AM Sharp	02:30 PM
DMLT-1 <sup>st</sup> Year			Anatomy & Physiology <b>Ms Khushnuma Ali</b> L Hall - 01	BIO CHEMISTRY <b>MS ZEHRA ISHAQ</b> L Hall-04	BREAK	CLINICAL PATHOLOGY <b>MS ZEHRA ISHAQ</b> L Hall-04	11:00 AM Sharp	02:30 PM
OTT-1 <sup>st</sup>		Surgical Instruments /Anesthesia <b>Mr Dar Amir Nazir</b> L Hall - 02	Anatomy & Physiology <b>Ms Khushnuma Ali</b> L Hall - 01	Bio-Chemistry /Pharmacology /Microbiology <b>Ms Khushnuma Ali</b> L Hall - 02	BREAK	Surgical Procedures & Theatre techniques <b>OTT -1<sup>st</sup> Year</b> L Hall - 02	10:00 AM Sharp	02:30 PM
A Ast -1 <sup>st</sup> Year		Surgical Instruments /Anesthesia <b>Mr Dar Amir Nazir</b> L Hall - 02	Anatomy & Physiology <b>Ms Khushnuma Ali</b> L Hall - 01	Bio-Chemistry /Pharmacology/Microbiology <b>Ms Khushnuma Ali</b> L Hall - 02	BREAK	OFF.	10:00 AM Sharp	01:40 PM
GNM-2 <sup>nd</sup> Year		Mental Health Nursing <b>Ms Uroosa Qayoom</b> A V Hall		Medical Surgical Nursing -1 <sup>st</sup> <b>Mr Lala Aftab Ali Mir</b> A V Hall	Child Health Nursing <b>Ms Mehak Nabi</b> A V Hall	Medical Surgical Nursing -2 <sup>nd</sup> <b>Mr Tanveer Shameem</b> A V Hall	10:00 AM Sharp	02:30 PM
GNM-3 <sup>rd</sup> Year		Nursing Education & Research /Nursing Administration <b>Mr Lala Aftab Ali Mir</b> L Hall - 03	Gynecology <b>Ms Mehak Nabi</b> L Hall - 03	BREAK	Community Health Nursing - 2 <sup>nd</sup> <b>Ms Bisma jan</b> L Hall - 03	Midwifery <b>Ms Khushnuma Ali</b> L Hall - 03	10:00 AM Sharp	02:30 PM
FMPHW-2 <sup>nd</sup> Year		Midwifery -1 <sup>st</sup> <b>Mr Tanveer Shameem</b> L Hall - 05	Clinical Class /Case Book <b>Ms Uroosa Qayoom</b> L Hall - 05	Midwifery -2 <sup>nd</sup> <b>Ms Bisma Jan</b> L Hall - 05	BREAK	Community Health Nursing -2 <sup>nd</sup> <b>Mr Lala Aftab Ali Mir</b> L Hall - 05	10:00 AM Sharp	02:30 PM
MMPHW-2 <sup>nd</sup> Year		Midwifery -1 <sup>st</sup> <b>Mr Tanveer Shameem</b> L Hall - 05	Clinical Class /Case Book <b>Ms Uroosa Qayoom</b> L Hall - 05	Midwifery -2 <sup>nd</sup> <b>Ms Bisma Jan</b> L Hall - 05	BREAK	Community Health Nursing -2 <sup>nd</sup> <b>Mr Lala Aftab Ali Mir</b> L Hall - 05	10:00 AM Sharp	02:30 PM
DMLT-2 <sup>nd</sup> Year	<b>MICROBIOLOGY/BLOOD BANKING</b> <b>MS ZEHRA ISHAQ</b> , L Hall-04	BREAK	Histopathology /Clinical Pathology <b>MS ZEHRA ISHAQ</b> , L Hall-04	OFF	.....	.....	09:15 AM Sharp	12:00 NOON
A Ast -2 <sup>nd</sup> Year			Anaesthesia Paper A <b>Mr Dar Amir Nazir</b> L Hall-02	BREAK	Anaesthesia Paper B <b>Mr Dar Amir Nazir</b> L Hall-02	OFF.	11:00 AM Sharp	01:40 PM
PRACTICAL / Lab WORK	Tuesday	Wednesday	Thursday	Thursday	Saturday	Saturday		

**INSTRUCTIONS:**

1. Attend the classes strictly as per the time table in respect of the period and timings .No change or inter change in the time table is allowed or accepted . Any such change should be treated as violation against the rules and regulations of the college.
2. The students should report in the college campus always 20 minutes earlier before the commencement of first period . No body shall be allowed after the commencement of class work.
3. Attend the college campus always in proper prescribed uniform.
4. Maintain the note-books of your concerned classes /subjects properly and get signed by the I/C Tutor . Avail the full duration of the classes properly inside the classes and make the teaching – learning process active and interested.
5. Do not leave the class until announced by the digitalized Public Address system. No half day is allowed.
6. The appearance of every student in the class tests / fortnight tests /internal assessments is mandatory. The use of cell phones in the college campus is strictly prohibited as such no student is allowed to bring the cell phone along with him/her.
7. The college does not run any social media group and as such all the students /staff are directed to refrain themselves from any such activity. No student/staff is allowed to form the social media group like on what's up , instagram ,face-book ,twitter etc . We have a well defined system of communication and all communications are communicated to the concerned persons through this system.
8. The medium of Language is English & Urdu as prescribed here. As such speaking in English & Urdu is allowed. Any lecturer /tutor found interacting with the students in Kashmiri/other language may be expelled from the college.
9. The whole college campus is smoking /tobacco free zone as such no body is allowed to smoke inside the college campus or keep any such type of material along with him/her.

Sd/

Rather Gulzar Ahmad ( CMD )