

FRESH UPDATED TIME TABLE –SESSION : 2022

| Course & Batch | PERIOD - 0 | Period 1 st | Period 2 nd | Period 3 rd | Period 4 th | Period 5 th | REPORTING TIME | OFF Time |
|-----------------------------|---|--|---|--|---|---|----------------|------------|
| Timing → | 09:30 – 10:20 AM | 10:20 am to 11: 10 am | 11:10 am to 12: 00 NOON | 12:00 NOON to 12:50 pm | 12:50 pm to 01:40 pm | 01:40 pm to 02:30 pm | | |
| FMPHW-1 st Year | | Community Health nursing Ms Bisma Jan L Hall - 01 | Anatomy & Physiology Ms Khushnuma Ali L Hall - 01 | NURSING ART & FOUNDATION Mr Tanveer Shameem L Hall - 01 | BREAK | Nutrition Ms Mehak Nabi L Hall - 01 | 10:00 AM Sharp | 02:30 PM |
| MMPHW-1 st Year | | Community Health nursing Ms Bisma Jan L Hall - 01 | Anatomy & Physiology Ms Khushnuma Ali L Hall - 01 | NURSING ART & FOUNDATION Mr Tanveer Shameem L Hall - 01 | BREAK | Nutrition Ms Mehak Nabi L Hall - 01 | 10:00 AM Sharp | 02:30 PM |
| GNM-1 st Year | | Community Health nursing Ms Bisma Jan L Hall - 01 | Anatomy & Physiology Ms Khushnuma Ali L Hall - 01 | NURSING ART & FOUNDATION Mr Tanveer Shameem L Hall - 01 | Psychology and Sociology Ms Uroosa Qayoom L Hall - 01 | Nutrition Ms Mehak Nabi L Hall - 01 | 10:00 AM Sharp | 02:30 PM |
| DMLT-1 st Year | | | Anatomy & Physiology Ms Khushnuma Ali L Hall - 01 | BIO CHEMISTRY MS ZEHRA ISHAQ L Hall-04 | BREAK | CLINICAL PATHOLOGY MS ZEHRA ISHAQ L Hall-04 | 11:00 AM Sharp | 02:30 PM |
| OTT-1 st | | Surgical Instruments /Anesthesia Mr Dar Amir Nazir L Hall - 02 | Anatomy & Physiology Ms Khushnuma Ali L Hall - 01 | Bio-Chemistry /Pharmacology /Microbiology Ms Khushnuma Ali L Hall - 02 | BREAK | Surgical Procedures & Theatre techniques OTT -1st Year L Hall - 02 | 10:00 AM Sharp | 02:30 PM |
| A Ast -1 st Year | | Surgical Instruments /Anesthesia Mr Dar Amir Nazir L Hall - 02 | Anatomy & Physiology Ms Khushnuma Ali L Hall - 01 | Bio-Chemistry /Pharmacology/Microbiology Ms Khushnuma Ali L Hall - 02 | BREAK | OFF. | 10:00 AM Sharp | 01:40 PM |
| GNM-2 nd Year | | Mental Health Nursing Ms Uroosa Qayoom A V Hall | | Medical Surgical Nursing -1 st Mr Lala Aftab Ali Mir A V Hall | Child Health Nursing Ms Mehak Nabi A V Hall | Medical Surgical Nursing -2 nd Mr Tanveer Shameem A V Hall | 10:00 AM Sharp | 02:30 PM |
| GNM-3 rd Year | | Nursing Education & Research /Nursing Administration Mr Lala Aftab Ali Mir L Hall - 03 | Gynecology Ms Mehak Nabi L Hall - 03 | BREAK | Community Health Nursing - 2 nd Ms Bisma jan L Hall - 03 | Midwifery Ms Khushnuma Ali L Hall - 03 | 10:00 AM Sharp | 02:30 PM |
| FMPHW-2 nd Year | | Midwifery -1 st Mr Tanveer Shameem L Hall - 05 | Clinical Class /Case Book Ms Uroosa Qayoom L Hall - 05 | Midwifery -2 nd Ms Bisma Jan L Hall - 05 | BREAK | Community Health Nursing -2 nd Mr Lala Aftab Ali Mir L Hall - 05 | 10:00 AM Sharp | 02:30 PM |
| MMPHW-2 nd Year | | Midwifery -1 st Mr Tanveer Shameem L Hall - 05 | Clinical Class /Case Book Ms Uroosa Qayoom L Hall - 05 | Midwifery -2 nd Ms Bisma Jan L Hall - 05 | BREAK | Community Health Nursing -2 nd Mr Lala Aftab Ali Mir L Hall - 05 | 10:00 AM Sharp | 02:30 PM |
| DMLT-2 nd Year | MICROBIOLOGY/BLOOD BANKING MS ZEHRA ISHAQ L Hall-04 | BREAK | Histopathology /Clinical Pathology MS ZEHRA ISHAQ L Hall-04 | OFF | | | 09:15 AM Sharp | 12:00 NOON |
| A Ast -2 nd Year | | | Anaesthesia Paper A Mr Dar Amir Nazir L Hall-02 | BREAK | Anaesthesia Paper B Mr Dar Amir Nazir L Hall -02 | OFF. | 11:00 AM Sharp | 01:40 PM |
| PRACTICAL / Lab WORK | Tuesday | Wednesday | Thursday | Thursday | Saturday | Saturday | | |

INSTRUCTIONS:

- Attend the classes strictly as per the time table in respect of the period and timings .No change or inter change in the time table is allowed or accepted . Any such change should be treated as violation against the rules and regulations of the college.
- The students should report in the college campus always 20 minutes earlier before the commencement of first period . No body shall be allowed after the commencement of class work.
- Attend the college campus always in proper prescribed uniform.
- Maintain the note-books of your concerned classes /subjects properly and get signed by the I/C Tutor . Avail the full duration of the classes properly inside the classes and make the teaching – learning process active and interested.
- Do not leave the class until announced by the digitalized Public Address system. No half day is allowed.
- The appearance of every student in the class tests / fortnight tests /internal assessments is mandatory. The use of cell phones in the college campus is strictly prohibited as such no student is allowed to bring the cell phone along with him/her.
- The college does not run any social media group and as such all the students /staff are directed to refrain themselves from any such activity. No student/staff is allowed to form the social media group like on what's up , instagram ,face-book ,twitter etc . We have a well defined system of communication and all communications are communicated to the concerned persons through this system.
- The medium of Language is English & Urdu as prescribed here. As such speaking in English & Urdu is allowed. Any lecturer /tutor found interacting with the students in Kashmiri/other language may be expelled from the college.
- The whole college campus is smoking /tobacco free zone as such no body is allowed to smoke inside the college campus or keep any such type of material along with him/her.

Sd/
Rather Gulzar Ahmad (CMD)