

① ICDS (Integrated Child Development Scheme)

was started in 1975 under the ministry of women's social & women's welfare

* Beneficiaries

- Children upto 6 years of age group
- Adolescent girls
- Pregnant women
- Nursing mothers
- Women from age group age group 15-45 years

* Objectives

- To improve the nutritional status from age group of 0-6 years
- Proper physical & mental & social development of child
- To reduce mortality, morbidity malnutrition & school dropout
- To achieve an effective coordination of policy & implementation among the various departments working for the promotion of child development.

* Package of Services

- For children less than 3 years
Supplementary nutrition, immunization, health checkups & referral services.

- From 3-6 years of age

Supplementary nutrition, immunization, health checkup, referral services and non-formal pre-school education.

- Adolescent girls 11-18 years

Supplementary nutrition and health education

- For pregnant women

Health checkups, immunization against tetanus, supplementary nutrition & nutrition and health education.

- Nursing Mothers

Health checkups, supplementary nutrition & nutrition & health education.

- 15-45 years of age

Nutrition & health education.

* Delivery of Services

The services are delivered by anganwadi workers at ICDS center for about a thousand population & assisted by a local women.

Anganwadi workers has four month training programme in the fundamentals of child development; Nutrition, Immunisation, personal hygiene, antenatal care, breast feeding and environmental sanitation.

Identification & Management of at risk children, pre-school education & record keeping.

Activities of anganwadi workers are

Saathi

Date ___/___/___

supervised by supervisor. Each supervisor is responsible for 20 anganwadi centres.

Child development project officer is incharge of ICDS project.

⇒ MIDDAY MEAL PROGRAM (MDMP)

The midday meal program is otherwise known as school lunch program. The school midday meal program is in practice in India since 1961.

Objectives:

- To enhance admissions of children in the school.
- To enhance students' attendance and retention.
- To improve literacy of the children.

Principles of Midday Meal for School Children

- The meal should be a supplement not a substitute to the home diet.
- The meal should supply at least one-third of the total energy requirement and half of the protein need.

The^s cost of the meal should be reasonably low.

- The meal should be of that which can be easily prepared.
- Made out of locally available foods to reduce the cost.
- Frequent changes in the menu to avoid boredom.

⇒ Strategies:

- Improving the nutritional status of children of class I - VIII studying in government, local body and government aided schools, and EGS and AIE centers.
- Encouraging poor children, belonging to disadvantaged sections, to attend school more regularly and help them concentrate on classroom activities.
- Providing nutritional support to children of primary stage in drought affected areas during summer vacation.

Balwadi

This program was started in 1970.

Balwadis are pre-primary classes that are part of the educational Activity Centers at Construction Sites & Communities.

Facilities

Generally all classes are held in labor camps or at construction sites where a location, a tin shed or a room is provided by the builder.

Activities

- The Balwadi program is geared to get children prepared for a more formal education process.
- Kids are taught a variety of nursery rhymes & builds their vocabulary. They also learn shapes & colors through songs, pictures & toys.
- Children 5 & older learn the alphabet & are introduced to numbers. These children are known to perform better in mathematics later in school.
- Children also learn about culture by celebrating various festivals. They also enjoy picnics & an annual sports day.

Support

A large part of the funds as well as volunteering support come from individuals & builders who believe in our cause & the philosophy of this project.

- NGO can also provide toys, books, stationery, notebooks, craft material etc.

Anganwadi

The word anganwadi means 'courtyard shelter' in Hindi. Anganwadi is a government sponsored child-care and mother care center in India.

Anganwadi is a type of rural child care centre in India. They were started by the Indian government in 1975 as a part of the Integrated Child Development Services Program to combat child hunger & malnutrition.

Basic health care activities include contraceptive counseling & supply, nutrition education & supplementation, as well as pre-school activities.

These centres provide supplementary nutrition, non formal pre-school education, nutrition and health education, immunization, health checkup & referral services.

NPSP (National Polio Surveillance Project)

In 1997 NPSP was created as a WHO-GOI collaboration for Acute Flaccid Paralysis surveillance.

Date ____/____/____

Functions

- High quality acute flaccid Paralysis surveillance
- Technical support to mass polio vaccinations campaigns— supplementary immunization activities
- Research activities for refinement of polio vaccination strategies
- Monitoring routine immunization
- Developing guideline for immunization